



Specialized Training for Emergency Medical Personnel

The Minnesota Sheriffs' Association (MSA) in partnership with Lt. Steve Anderson, Use of Force Trainer, Protect and Serve Training, LLC have developed a series of "hands on" Use of Force training courses for medical professions. These courses are designed for EMS; Paramedic and Emergency Room personnel who are more frequently being called upon to handle combative or threatening individuals. **"It is innovative, hands on training that is intended to build knowledge and self-confidence in our EMS partners", said MSA Executive Jim Franklin.** Courses can be taught in two, three, or four hour sessions.

- **Defense Combatives for EMS Personnel Paramedics, EMT's and First Responders**
This course is specifically designed to teach first responding medical personnel how to defend themselves from attack situations both on and off duty. Medical staff needs to be prepared to block punches, kicks, escape chokes and grab holds, subdue violent patients, restrain patients if necessary, and escort patients to the ambulances, hospitals or other medical facilities. EMS responding personnel are being attacked more frequently and it is imperative to improve their defensive knowledge and skills. This course has been designed to accommodate close quarters contact such as, ambulances and other confined spaces.
- **Hospital Security Use of Force** - This course is designed for security staff that may or may not carry any weapons on a duty belt, but could easily be the first responder on a violent situation. It will stress mental and verbal skills, basic handcuffing, prisoner control if needed (cuffed or uncuffed), vertical and ground control until help arrives, basic self - defense, pepper spray tactics, and baton tactics. It can also be geared for the potential violent encounters that arise in emergency room situations.
- **Active Shooter, Less Lethal Munitions, and Chemical Munitions** - Our private and public spaces have been the target of increased violent attacks. This course has been created to meet the needs of various work environments whether the situation requires a street scenario-house style course, a hospital/medical clinic environment or a corporate building environment.
- **Blunt and Sharp Weapon Use of Force School** - This course is designed to teach the most simple defenses against a blunt trauma (pipes, clubs etc.) or sharp trauma (knives, objects that impale) attack. It is a close-quarters defense class that stresses disengagement. These defense techniques are shown in a realistic format if a person is forced into a sudden surprised attack situation and is forced to defend themselves.

MSA and Steve Anderson welcome the opportunity to work with any EMS professional in custom designing a training course specific to an agency's needs. Please contact MSA Deputy Director of Professional Development Randy Willis at 651-451-7216 X 5 or MSA Conference and Training Coordinator Ann Jarrett at 651-451-7216 X 6 to discuss your training needs.

Lt. Steve Anderson – Hennepin County Sheriff’s Office (ret.)
Minnesota Sheriffs’ Association Use-of-Force Instructor

Steve Anderson is the former Hennepin County Sheriff’s Office Program Director for the physical portion of the Use of Force unit. His responsibilities included all use of force training for approximately 340 licensed deputies and supervisors, 250 detention deputies and supervisors, and approximately 100 volunteers in special assignments (water patrol and emergency squad). He implemented the Hennepin County Sheriff’s Office Use of Force Unit as a Sergeant in 1995. He has also been a firearms instructor since 1990.



Prior to his promotion to Sergeant he has served the Hennepin County Sheriff’s Office in the Adult Detention, Court Security, Civil, Warrant, Detective, and Training divisions. He was a SWAT team member and Sergeant, being on the team from 1980-2005. In those 25 years he also served undercover for the FBI, MN Fugitive Task Force, and was assigned to the Minneapolis FBI SWAT team as a sniper. He was promoted to Lieutenant in the Patrol Division prior to his retirement in 2012.

Steve Anderson holds a 5th Degree Black Belt in Combat JuJitsu, Judo, and Karate with 37 years of experience. He has been a professional college instructor for the Minneapolis Community College for 16 years teaching beginning and advanced use of force instructors. He has personally trained the trainers of over 140 Minnesota Police and Sheriff Agencies and has been selected to teach internationally 10 times for the American Society of Law Enforcement Trainers, International Law Enforcement Educators Trainer’s Association, and the International Association of Law Enforcement Firearm’s Instructors.

*If you have questions or need further information, please contact:
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