



MN TRIAD

Minnesota Seniors & Law Enforcement Working Together To Enhance Senior Safety

"The Right Information And Direction"

MN TRIAD Meeting

Monday, May 6, 2024 @ 11:00 AM

Beck's Burger Co, 119 3rd St NE, Staples MN 56479

Meeting Minutes

Attendees:

Tim Mueller, Henn/Champlin

Bonnie Frazer, Henn/Champlin

Carla Platzer, Todd/A Daughter's Love

Brian Theisen, Stearns

Ray Kimmes, Goodhue County

Pauline Fahey, Secretary

Lynn Mueller, Henn/Champlin

Eric Alger, Cass

Christine Tollefson, Todd/A Dghtr's Love

Verna Toenyan, Todd

Mickey Kimmes, Treasurer

Joan Plantenberg, Henn/Champlin

Melissa Lyon, CMCOA

Mary Sirucek, Cass

Jennifer Vipond, Grant

Kelly Lake, President

President Kelly Lake welcomed everyone and called the meeting to order at 11:15 AM. Introductions were made.

Minutes:

Minutes from our last meeting (09-13-23) were distributed with the agenda. M/S/P (Joan Plantenberg/Jennifer Vipond) to approve minutes.

Treasurer's Report:

Treasurer Mickey provided a brief explanation of the Treasurer's Report. M/S/P (Jennifer Vipond/Mary Sirucek) to approve Treasurer's Report.

MN TRIAD Conference:

Verna spoke about some of the speakers at the conference and about her involvement and role in several programs in Todd County. She explained more about Hilltop Kitchen and what they do and said they will be doing a lasagna lunch for the conference. Verna also talked about Wellness in the Woods, Steve Hoover from CMCOA and our keynote speaker Tim Eggebraaten. Pauline said she talked with Jay Haapala about his presentation and that even tho it sounds similar to last year's presentation, there is A LOT of new information to share on scams and frauds. The MN TRIAD Board (mostly Pauline) has been working with Verna on the conference and will assist with the registration process prior to and during the conference.

A block of 20 rooms has been reserved at Timberlake Hotel in Staples for the night before and night of the conference (September 16th and 17th). Ray and Mickey stayed at the motel and said it is VERY NICE! The registration form was finalized at the meeting (with just the meal change) and Pauline will email them out with the vendor registration form. We had Carla and Christine from A Daughter's Love and they are very interested in being a vendor and will share this information with others.

We hope to have this as a hybrid meeting and will figure out a cost for that. Pauline will also work on a poster/flyer that can be sent out. CMCOA will send out the flyer to share the information – thank you! Pauline will be attending the Live Well – A Celebration of Aging event on Thursday, May 16th at Central Lakes College in Staples. If anyone is able to help with our table, it would be appreciated!

Conference is being sponsored with funds from Blandin Boost Grant Funds and AARP and we appreciate their support of TRIAD and our conference!!

MN TRIAD County/Program Updates:

Hennepin County/Champlin: Tim said they met with Kristin Tomlinson with Hennepin County and all agreed the Police Departments having individual programs was a better way to go instead of one program for the whole county, due to size and population. Hennepin County hosted an Opioid Awareness program that was very interesting. Discussion about this being a good presentation for other counties, especially those starting a new program. It was mentioned that perhaps

Kelly Lake, President

Julie Duehring, Vice President

Kelly.lake@co.carlton.mn.us

jatazie@gmail.com

Pauline Fahey

Mickey Kimmes

pauline.fahey@outlook.com

kimmeshousehold@gmail.com



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Hennepin County could have information regarding the TRIAD programs and contact information within their county that could be shared with seniors in their county.

Goodhue County: Ray said they have good involvement from the Sheriff's Office and the Police Departments at their meetings. They have posters which have the current speakers advertising the next speakers.

Cass County: Eric said Cass County is just starting again and was taking a lot of notes on all the ideas and information!

Grant County: Jenn said they just started their program and it's been going really good! They get about 20-30 people at their meetings, which follow the Social Service senior meeting each month at various locations within their county. They partnered with Social Service and Public Health and did a resolution when they started.

Stearns: Brian said they are just beginning a program, also, and their intent would be to move the meetings around the county.

Carlton: Kelly said they have lost some key members in their group and they are pretty much starting from scratch. She handles everything with TRIAD and does not recommend that, as Sheriff. She also emphasized the importance of having someone from your organization involved with TRIAD that really cares about it. It does not work to have someone who just sees it as another meeting.

We talked about the My Life packet. Pauline explained that Aitkin County had talked about their What Happens Next presentation and packet at the last conference. They sent that packet to Pauline and she updated it with places to add the information and made some small changes and a new cover sheet. Aitkin County has already reviewed the packet with no changes and their approval. A copy was provided to everyone and they were asked to review it and let us know of anything we should “revisit.” After approved, Kelly will have it converted to a fillable PDF and we will send it out to everyone and include it on the MN TRIAD webpage.

Pauline stated that the last page in the packet had some ideas for TRIAD programs, including possible partners, what is unique and ideas for programs.

Information Sharing:

Kelly stated that the MN Sheriffs' Association (MSA) is working on updating their website. Our MN TRIAD page is on their website under Sheriffs in the Community. The MSA is very interested in sustaining our partnership and willing to assist us with our webpage any way they can. A reminder that we are always looking for items to share on our Facebook page and in our newsletter!

File of Life:

Scott County (Amy) is looking to order some File of Life packets with another program or two. We talked about what File of Life is and the various similar programs. We also talked about how it doesn't matter which packets are used, just that they are used!! We also discussed how meeting with the emergency service organizations in your county is a good idea, so they know what to look for when responding to emergency medical situations. Also discussed was being able to keep DNR orders with the File of Life packets – good idea!

Other:

No other business or discussion.

Next Meeting:

Our next meeting will be in conjunction with Best Practices at our MN TRIAD Conference on Tuesday, September 17, 2024 at Sourcewell in Staples, MN.

The meeting was adjourned at approximately 1:30 PM, which included a break for lunch.

Respectfully submitted,

Pauline Fahey
MN TRIAD Secretary

Kelly Lake, President
Julie Duehring, Vice President

Kelly.lake@co.carlton.mn.us
jatazie@gmail.com

Pauline Fahey pauline.fahey@outlook.com
Mickey Kimmes kimmeshousehold@gmail.com