



---

## Steve Anderson Trainings for Law Enforcement

### **Beginning and Advanced Police/Sheriff Licensed Use of Force Instructor**

This is a train the trainer course that will instruct the perspective student trainer how to teach all POST Board mandated physical use of force training, including mental and verbal skills, arrest tactics, handcuffing of all types, escorts, vertical and ground control, takedowns and maximum holds for violent handcuffing, pepper spray techniques, and flashlight blocking techniques. It also includes low light arrests, a total baton program including maximum holds, standing and officer knocked down weapon retention for handgun and long gun, hobble leg restraint application, and Taser handcuffing. The course is specifically designed for reality and simplicity regarding all items that the officers carry on their duty belt. This is a 40 hour course.

### **Survival School for Female Police Officers**

This one or two day course is geared directly at the female officer for protection during a violent encounter or arrest. It includes defense against strikes and kicks, and escapes from bear hugs, chokes, headlocks, and grabs. The female officer will gain confidence fighting from a standing or knocked down position. It includes standing (vertical) control of violent prisoners, maximum handcuffing, submission holds, and pain compliant escorts to prevent officer injuries. It will instill a "must win" attitude.

### **Beginning and Advanced Jail/Corrections/Sheriff's Use of Force Instructor**

This is a train the trainer course. The perspective student trainer will learn how to teach mental, verbal, and physical skills directly related to a jail or correctional setting. It will include all aspects of standing and ground control, escorts and come-alongs, hobble leg restraint, take downs of violent prisoners, submission holds, and basic self-defense. Blunt and sharp trauma defense (knives, pipes, improvised weapons), searching cooperative and violent prisoners, wheel chair searching, cell and dayroom extractions, and rear seat squad car extraction tactics will also be taught. This is usually a one week school.

### **Licensed Use of Force Instructor Update Refresher**

This one day, 8 hour, use of force instructor school is specifically designed to refresh and enhance the mental, verbal, and physical skills of the current use of force instructor. All students attending must already be the current use of force instructor for their department. This class will cover all POST Board mandated physical training including weapon retention for handgun and long gun, taser and pepper spray drills, handcuffing, hobble restraint, impact weapon, and flashlight/ low light arrests. The instructors will also be refreshed on vertical and ground control of violent suspects and pain compliant escorts.

### **Jail/Corrections Use of Force Instructor Update Refresher**

This one day, 8 hour, use of force instructor school is specifically designed to refresh and enhance the mental, verbal, and physical skills of the current jail use of force instructor. This program will cover correctional use of force including searching, vertical control, takedowns, ground control, maximum handcuffing in a fight situation, pain compliant escorts, hobble restraint, and basic self -defense in a jail setting. The students must be a current use of force instructor for their department

### **Police Reserve Officer Use of Force School**

This one or two day school is designed to give police reserve officers, CSO's, and volunteers more comfort and sense of security with the tools that they carry on their gun belt. It must stay within the policies of their respective departments and will give these officers confidence assisting regular police officers if needed. Many agencies do very limited training for their reserve officers, yet these officers carry baton, pepper spray, handcuffs, and Tasers. It has been taught many times in the metro area for hundreds of police reserves and has been sponsored by the Minnesota Police Reserve Association.

### **Blunt and Sharp Weapon Use of Force School**

This course is designed to teach the most simple defenses against a blunt trauma (pipes, clubs etc.) or sharp trauma (knives, objects that impale) attack. It is a close quarter defense class that stresses disengagement. These defense techniques are shown in a realistic format if the officer is in a sudden surprised attack and has to defend prior to using lethal force. This is a half day, four hour course.



---

### **New Police Officer and/or New Deputy Sheriff Licensed Use of Force Orientation School**

This course is specifically designed to teach the use of everything that the newly hired licensed peace officer carries on their belt. It covers all handcuffing types, pepper spray use, Taser use, and a total baton program including violent ground apprehension control techniques. It also teaches flashlight defense, standing and ground weapon retention techniques, car extractions, and hobble restraint. It can be used as the principal program for use of force or blended into an existing program for a specific department. It will give the new officers a vast amount of knowledge to help them in their new duties. This is a 40 hour school.

### **Hobble Leg Restraint Instructor School**

This can be a train the trainer course or be offered to officers in an individual department. It will include compliant, yet very dangerous escape risk prisoners and extremely violent prisoner applications. Trainers/ students will be taught how to physically restrain extremely violent prisoners using team tactics, control after application, and the physical walks and/ or carries if needed. It will deal with positional restraint asphyxia and sudden custody death syndrome and how to prevent it. Application of hobble leg restraints will be conducted in an open environment and also in the rear seats of squad cars.

### **Ground Fighting for Police Officers and Correctional Staff**

This course is designed for both trainers and regular staff to improve their confidence in very violent arrest situations. Emphasis will be placed on what to do to avoid these situations, but if the officer fights on the ground THEY MUST WIN. Every armed officer brings a variety of weapons to every arrest situation including their hand gun. They must control these weapons. Included in this class are maximum holds and submission holds that officers can use until more help arrives. Standing, kneeling, prone, and supine positions will be taught. Realistic and simple take downs will be taught that end in handcuffing. Officers must be in good physical shape with no physical injuries. This class is designed to prevent any injuries and is usually taught in a two day format.

### **Civilian Car Extractions and Rear Seat Squad Car Extractions of Non Compliant or Violent Prisoners**

This course is designed to teach trainers or officers how to remove arrested parties from cars/ trucks and take them into custody without injury. Together with these techniques, the trainers or officers will be shown how to remove non compliant or violent prisoners from the back of their squad car if the arrested party will not exit. It includes pain compliant escorts, takedowns, and maximum ground control. This is a one day course.

### **Active Shooter, Less Lethal Munitions, and Chemical Munitions**

This school will be conducted by multiple instructors with over 100 years of combined SWAT experience. It can be offered as a one week 40 hour initial SWAT officer school or can also be offered as a one or two day refresher in these specific topics. It has been created to meet the needs of various departments whether the situation requires a street scenario-house style course or a government / corporate building environment course.

### **Warrant Arrest Program**

This 4 hour program is specifically designed for the street officer who is going to make an arrest attempt on a "body only" warrant. This course will cover the legal aspects of the arrest and discuss the procedures required to gain entry if access is denied. Scenarios will be conducted allowing the officers to gain valuable street knowledge in potentially dangerous situations.

### **Dealing with Sovereign Citizens**

This four hour course is specifically designed to deal with recognition, awareness, and response in dealing with Sovereign Citizens. Whether your staff deal with Sovereign's on the street or in the office this course will give your staff a foundational knowledge that is essential in today's environment. This course is designed to be informative and safety-oriented and will give invaluable insight into these potentially dangerous and litigious encounters.