



Steve Anderson Trainings for EMS and Civilians

Hospital Security and Campus Security Use of Force

This course is designed for security staff that may or may not carry any weapons on a duty belt, but could easily be the first responder on a violent situation. It will stress mental and verbal skills, basic handcuffing, subject control if needed (cuffed or uncuffed), vertical and ground control until help arrives, basic self-defense, pepper spray tactics, and baton tactics. It can also be geared for the potential violent encounters that arise in emergency room situations.

Corporate Self Defense/ Street Awareness Programs

These classes are specifically designed for the corporate environment. It can be taught in lecture format only, or with limited hands on presentation. Emphasis is placed on in home defense, child protection, shopping and parking lot safety, and work place environment safety. Numerous corporations have asked for a presentation to be geared to their specific needs.

Defensive Combative for Emergency Medical Personnel

This one day course is specifically designed for first responding paramedics and EMT's to defend themselves against extremely violent people that need medical care. It also addresses the need to protect themselves from family members and on lookers. They will learn defense against common street attacks-punches, kicks, grabs, and choke holds. Students will also learn defense against knives and other sharp objects and also defense against blunt trauma-pipes, bats, etc. Medical personnel will be shown how to control violent individuals from vertical and ground positions and how to safely escort them to the ambulance.

Personal Safety/Threat Awareness/De-Escalation/What Next?

This three hour training recognizes that county and city public employees are increasingly facing hostility from various factions of the public. These encounters can occur in and out of the workplace. This training is designed to give employees the ability to recognize and assess these threats and give them tools to de-escalate the threat. It will also give employees tips on self-protective measures they can utilize when confronted with these situations.

The training will stress the importance of inter-agency communication, situational awareness and interpreting non-verbal communication. What are Sovereign Citizens? What to do in an active shooter situation. Fight or flight?

Above all, the training will focus on the safety of the employee when they find themselves in these situations. Participants will leave this training with increased self-confidence in their ability to deal with potentially dangerous situations and an increased awareness of the importance of being safety conscious, both in and out of the workplace.