

# Minnesota Triad



**3<sup>rd</sup> Quarter 2020  
Volume 60, Issue 1**

“Seniors, Law Enforcement and  
Community Groups working together  
for Senior Safety...  
*throughout the State!*”

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## **Contact Information**

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Website:  
MN Sheriffs' Association

Click on “Sheriff's in the Community”  
and then on Triad.

Facebook  
[www.facebook.com/mntriad](http://www.facebook.com/mntriad)

*A great place to share senior safety  
information from throughout the  
state.*

*All the pictures from the conferences  
are on our Facebook page.*

*Be sure to check us out and Like Us!*



## **WELCOME ....**

to the MN Triad Newsletter  
that is by Triad members  
for Triad members and anyone  
interested in senior safety issues.

### **We want to hear from you!**

Please forward any ideas, concerns,  
current fraud schemes, along with what  
you are doing in your Triad programs  
(including pictures) to us so we can  
share throughout the state.

We like to “meet” Triad members  
throughout the state in our  
Featured Members column. We also  
like so share recipes from Triad  
members throughout the state.

Any information you would like to share  
can be sent to  
[paulinefaheycc@gmail.com](mailto:paulinefaheycc@gmail.com).

*Thank you for making this newsletter  
the best that it can be!*

## **MN Triad Conferences**

**2020 MN Triad Conference**  
Cancelled

**2021 MN Triad Conference**  
Hosted by Goodhue County

**2022 MN Triad Conferences**  
Hosted by Aitkin, Carlton,  
Cass & Itasca Counties

## **Did You Know?**

There are at least 6 people in the world  
who look exactly like you.  
There's a 9% chance that you'll meet  
one of them in your lifetime.

## **Mini Triad Conference Webinar**

On Thursday, September 24, 2020 at 10  
AM, we will be hosting our first ever Mini  
Triad Conference Webinar with AARP.  
Unfortunately, we had to cancel this  
year's conference, but what a good  
opportunity to “Think Outside The Box”  
and come up with new ways to connect!

## **Featured Members**

**Tim Mueller**  
**Champlin TRIAD**  
**(Hennepin County)**

My name is Tim Mueller and I live in  
Champlin, MN. I am 66 years young  
and have been married to my  
beautiful wife Lynn for 42 years. We  
have two children and 3 grand-  
children.

I like to work with wood and get  
excited when I'm asked to build  
something or fix something. I have a  
BA degree from St. Cloud State (the  
Harvard of the midwest). I was born  
and raised in Brainerd and spent the  
first 24 years of my life there before  
moving to the Twin Cities. I worked  
as a pipe, valve and fitting salesman  
for almost all of my adult life and, if  
asked, I would claim to be a valve  
specialist. My favorite food is a  
cheeseburger, my favorite TV show  
right now is the West Wing and I am  
a fan of any John Wayne movie.

I have been involved with Triad for 2  
years. I met Roger Boatman, the  
leader of Champlin Area Triad, at a  
Champlin Police Department  
community cookout that the  
Champlin Area Triad was supporting.  
Roger walked up to me and  
explained what Triad was and what  
it's mission was and I was instantly  
interested. I was looking at  
retirement later in the year and  
looking for a way to get involved and  
this seemed like a good fit. I liked  
that the focus of Triad is all aspects  
of senior care - physical, emotional,  
health and financial. I also liked the  
idea that it is a group of mostly  
seniors caring for fellow seniors. In  
my short time with the group I have  
learned much about resources  
available for assistance and groups  
and government agencies available  
to offer help for seniors. I especially  
like the speakers that we have had  
as I learn something new from each  
speaker.

In January of 2020, Roger Boatman made the decision to step back from leadership of the Champlin Area Triad group. Angela Schaeftbauer and I are now co-chairpersons for the group. Roger remains involved as an invaluable resource for Angie and I.

Our last physical meeting was in early March and all subsequent meetings have been cancelled due to Covid 19. It is uncertain when we will be able to meet again. At a time when a group like Triad really needs to be front and center to assist and provide information, we cannot because the virus is especially hard on our focus group. We struggle with ways to get information out and what our next step or steps will be. The Triad newsletter is invaluable as it allows us to see what other groups are doing and how they are coping. We look forward to a time when we can meet again at a state convention, as they are so well done and attended.

## It's All About Safety

### “Stay Safe”

We hear it all the time... “Stay Safe.” From Triad, from family and friends. And since the COVID-19 pandemic, we've heard it even more... from everyone.

What does “Stay Safe” mean to you? Does it mean to keep your doors locked? To stay aware of your surroundings? Does it mean to wear a mask or stay home? Does it mean to not walk alone at night?

There are a million examples that we could use for this, but the point for this is that everyone has a different idea of what safety means to them. This is based on their background, their work experience, what has happened to them in their lives, etc.

When I search “Stay Safe,” it's no surprise that COVID-19 articles were the first ones that came up. Then the website [www.staysafe.org](http://www.staysafe.org) appeared.

This is a National Home Security Alliance with resources for keeping your home and family safe. Their articles range from preparing yourself and your community for natural disasters, personal safety and online safety to a section on seniors safety. Take time to check this website out – it has good information and good reminders for us all!

While COVID-19 has taken over our safety thoughts in many ways, remember that LIFE is still out there waiting to be lived. And while we want you to stay safe IN ALL WAYS...ALWAYS, we also want you to enjoy life to the fullest each and every day.

Reference: [staysafe.org](http://staysafe.org)

## Recipe

### Coconut Diamonds

Cream: 6 tbsp butter    ¼ c sugar  
          ¼ tsp salt  
Add:    1 c flour

Pat in 9x9 pan and bake at 350 for 15 minutes until light brown.

Beat:    2 eggs                    1 tsp vanilla  
          2 tbsp flour        ½ tsp salt  
          1 c coconut         1 c brown sugar

Spread over baked layer and bake 20 minutes longer or until toothpick comes out clean.

Submitted – thank you!

## Other

We had some Triad Members who tuned in for the AARP and BBB Scam Jam Webinar on May 8, 2020 and really enjoyed it!

Here are a few resources that BBB shared with us from that Webinar:

To view recordings of BBB Webinars, visit: [www.YouTube.com/thefirstbbb](http://www.YouTube.com/thefirstbbb)

**AARP Fraud Watch Network Helpline**  
[aarp.org/fraudwatchnetwork](http://aarp.org/fraudwatchnetwork),  
877-908-3360, [aarp.org/coronavirus](http://aarp.org/coronavirus)

**BBB Questions:** [ask@thefirstbbb.org](mailto:ask@thefirstbbb.org),  
800-646-6222

**IRS:** [irs.gov/coronavirus](http://irs.gov/coronavirus)

**FTC:** [ftc.gov](http://ftc.gov)

**MN Attorney General Consumer Division:** 651-296-3353 or file complaints online at [ag.state.mn.us](http://ag.state.mn.us)

**ScamTracker tool:**  
[bbb.org/scamtracker](http://bbb.org/scamtracker)

**BBB Consumer Tips page:**  
[bbb.org/coronavirus](http://bbb.org/coronavirus)

**BBB Covid-19 Resource Library:**  
[bbb.org/minnesota/bbbresourceibrary](http://bbb.org/minnesota/bbbresourceibrary)

**FINRA Broker Check:**  
[FINRA.org/BrokerCheck](http://FINRA.org/BrokerCheck)

**SEC Registration Check:**  
[Investor.gov](http://Investor.gov)

Submitted – thank you!

## MN Triad Meetings

Our MN Triad Meetings are on hold for now. However, we encourage you to contact any of our Board Members or send a message by e-mail to [triadmn@gmail.com](mailto:triadmn@gmail.com), if you have any questions, items that should be addressed or anything you'd like to share with Triad throughout the state.

**All are welcome and encouraged to attend these State Triad meetings!**

## National Triad

Always fun to check out other Triad programs... within our state and in other states. A Virtual Best Practices!

### Montgomery County, Pennsylvania

#### SENIOR SAFETY (TRIAD)

The TRIAD Unit travels to over 30 local senior facilities and community events each year to teach seniors how to avoid scams, fraud and identity theft. The TRIAD team presentation covers topics such as combating telemarketing and credit card scams, mail fraud, home safety, auto theft prevention, 9-1-1 protocols and violence against seniors. There are also helpful safety magnets and booklets for seniors to read as reminders of what to do to stay safe.

<https://montcopa.org/409/TRIAD---Programs-for-Seniors>