# NASL Pre-Conference Rehab Symposium

## Schedule of Events

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<th>Date</th>
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<tr>
<td>November 6, 2020</td>
<td>11:00am</td>
<td>Welcome</td>
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<td>Martha Schram, NASL President</td>
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<td></td>
<td>11:15am</td>
<td>PreConference Keynote Speaker (TBA)</td>
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Rehabilitation during Covid-19: What we know...What we are learning... Where we are going

COVID-19 has had a significant impact on residents in the majority of nursing facilities in this country and will continue for the foreseeable future or until a vaccine is obtained. From the perspective of the rehabilitation professional, this session examines the current trends and changes, both regulatory and clinical, associated with the public health emergency and the impact of those trends on the facility and the provision of rehabilitation services. In light of the restrictions that COVID-19 has brought, this session provides insight into the unique clinical and operational challenges of ensuring that each resident attain or maintain their highest level of physical, mental and psychosocial well-being. This session will address the unique challenges of rehabilitation services including the negative impact of isolation and decreased mobility on the overall wellbeing of the SNF resident. Discussion will center on creative solutions and proactive strategies necessary to overcoming the challenges we and our residents are faced with during these unprecedented times, with the goal of achieving optimal outcomes for all short and long term residents of rehabilitation.

Presenters:

**Judy Freyermuth, PT, Director of Quality Performance, RehabCare**

Judy Freyermuth is a graduate of Marquette University, has close to 35 years of clinical and operational experience, working with all ages in a variety of settings. She was the therapist for the Muscular Dystrophy Clinic in Southeastern MA, for 11 years, where she gained extensive experience in wheelchair seating/positioning manual and powered mobility. She gained additional experience in the area of seating and positioning through work with brain injured children and also at a day habilitation program for cognitively impaired adults.

Judy has been employed by Kindred Healthcare (Rehab Division) for the past 23 years where she has worked primarily in geriatrics in skilled nursing facilities. Judy has provided extensive education in regards to Seating & Positioning Falls/Restraints, Cognition and various other clinical topics, across the country. She co-presented at the 2013 International Seating Symposium as well as both the 2014 and 2015 APTA Combined Sections Conference. She is an active member of the APTA, including the Geriatric Section and Neuro Sections. She is Secretary for the Assistive Technology/Seating and Wheeled Mobility SIG, under the Neuro Section.

**Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, Director of Quality, RehabCare**

Sabrena McCarley earned her Bachelor of Science Degree in Occupational Therapy from Dominican University of California in 2004. McCarley earned her Master of Business Administration-Strategic Leadership (MBA-SL) in 2009 from Dominican University of California. She obtained her Certified Living in Place Certification (CLIPP) in 2015 and her Resident Assessment Coordinator Certification (RAC-CT) in 2016. McCarley obtained her CarFit Instructor Certification in April 2013 and has been a leader for CarFit Technician Trainings, CarFit Event Coordinator Trainings and CarFit events.

McCarley has been a guest faculty speaker at various Occupational Therapy, Physical Therapy, Occupational Therapy Assistant and Physical Therapy Assistant programs where she presented on a variety of topics that have included: Advocacy for the Geriatric Patient, Advocating for the profession of Occupational Therapy, The difference between Sub-Acute and Long Term Care, Working with OT’s and PT’s as supervisors, How to enter the
workplace, Treatment strategies/approaches and interventions for long term care patients, Fall prevention, Low vision, Medicare Part A and Medicare Part B billing, coding and reimbursement as well as documentation.

McCarley is a member of the Living in Place Medical Advisory Panel and is actively involved in the Occupational Therapy Association of California leadership as Chair for Advocacy and Government Affairs and she is a member of The National Association of Rehab Providers and Agencies as a member of the Nominations and Awards Committee. In 2015, McCarley received the Luella Grangaard Political Action Award from the Occupational Therapy Association of California and in 2017, McCarley received the OTAC Vision Award from the Occupational Therapy Association of California.

1:15pm
Break

1:45pm
COVID-19 Rehab in the Skilled Nursing Setting
COVID-19 has had an impact on team processes, which is also opportunity for change. This session offers a COVID-19 post-acute practice Quality Improvement framework to guide the interprofessional team. A front-line clinician work group met weekly between March and July to identify gaps between evolving recommendations from COVID-19 published practice evidence and experience with patients. Based on their findings, a practice framework was developed including clinical practice behaviors specific to the SNF setting, clinical resource tools, along with external recommendations. Additionally, electronic medical records of 278 patients were reviewed and data were analyzed for patient characteristics and differences among the group. This presentation will include a review of clinical practices, health outcomes data analysis, case review, clinical experience, and shared insight on implementation.

Presenters:
Patrick Hennessy, MPT NCS CEEAA, Clinical Knowledge Broker, Infinity Rehab
Patrick Hennessy serves as a knowledge broker for large-scale clinical implementation of evidence-based assessments and interventions in the skilled nursing setting. Prior to joining Infinity Rehab, he worked at the Rehab Institute of Chicago where he had a split position between clinical care and research in the Locomotor Recovery Lab under the direction of George Hornby, PT PhD. He received his Masters of Physical Therapy from the University of the Sciences in Philadelphia, PA, and is a board certified clinical specialist in neurologic physical therapy. He has presented at numerous local, regional, and national rehabilitation conferences.

Patricia L. Scheets, PT MHS DPT NCS, Vice President of Quality and Clinical Outcomes, Infinity Rehab
Patricia Scheets serves as Vice President of Quality and Clinical Outcomes for Infinity Rehab and the current President of the Academy for Neurologic Physical Therapy, APTA. She received her professional and post-professional degrees from Washington University in St. Louis. She is a board-certified clinical specialist in neurologic physical therapy and has worked extensively with patients with stroke, neurological disorders, and balance and
vestibular disorders. Her professional experience has always been focused on implementing standards of physical therapy care which reduce variability and improve patient outcome. She has presented at numerous local, regional, and national rehabilitation conferences.

2:45pm

**COVID Cocktails – Shaking Up Your Recipe for Success**

This session will identify specific rehab clinical best practices related to COVID, as well as review the clinical assessments necessary to identify COVID functional deficits and risk. Detailed session benchmarks and case studies are based on outcome data from thousands of MDS submissions containing COVID-related ICD-10 codes extracted from more than 4,000 SNFs. The session will also cover appropriate goal setting and outcomes as measured by baseline vs. discharge Section GG scoring representing key functional improvement to important stakeholders like CMS and the public. Also, the session will identify functional deficits and critical goals related to decline during COVID, options available to reduce cross-contamination and access to care, take away current GG functional outcomes with global population vs. COVID patients, and appreciate current evidence-based interventions specific to COVID deficits.

Presenters:

**Casey Lee, PT, DPT, Director, Quality Improvement & Education, Quality Rehab Management (QRM)**

Casey Lee is a physical therapist who has dedicated her career to post-acute and long-term care. She holds a PT doctorate at the Medical College of Virginia and at QRM, Dr. Lee analyzes and uses publicly reported data and post-discharge outcome trends to drive education, training, and evidence-based clinical initiatives for in-house rehab teams. She is deeply passionate about the future SNF and rehab in post-acute care and uses this energy to facilitate quantifiable improvements in Section GG outcomes, which she has affectionately named the “Therapy Report Card”. She is a frequent presenter at national conferences and webinars.

**Jason Jones, Chief Technology Officer, SimpleLTC (a Briggs Healthcare subsidiary)**

Jason Jones oversees product and technology strategy for SimpleLTC, a provider of analytics and workflow software for over 4,000 long-term care facilities. As a recognized expert in healthcare data analytics, Jason has presented on technology topics in numerous forums and industries, including national conferences for LeadingAge, AAPACN and others.

3:45pm

**Thank you and Closing Remarks**

Cynthia Morton, MPA, Executive Vice President, NASL